

Our Resident's Health and Safety is of the utmost Importance

We are very concerned about residents **NOT** practicing social distancing from one another. We have been notified that people are congregating in the lobby. We have also been notified that residents returning from International destinations **are NOT self isolating** for the 14 days that the Government has recommended.

GOVERNMENT OF CANADA – CORONAVIRUS (COVID-19): PREVENTION AND RISKS

The Coronavirus can cause infections of the nose, throat and lungs, and can be life threatening, especially in people who are older, or those who have underlying medical conditions. It is most commonly spread from an infected person through: respirator droplets generated when you cough or sneeze: close, prolonged personal contact, such as touching or shaking hands; touching something with the virus on it, then touching your mouth, nose or eyes before washing your hands. The virus can stay on surfaces for many hours, so it is easily transmitted from person to person.

SNOWBIRDS/TRAVELLERS – if you have travelled outside of Canada recently, the Federal and Provincial Public Health Authorities ask that you **self isolate** for 14 days. **SELF ISOLATION** means to stay at home (in your suite only, not in the common areas of the building); monitor yourself for symptoms (fever, cough, difficulty breathing, dry cough) for 14 days and avoid contact with others. If you develop symptoms, even if mild, avoid other people and contact your public Health Authority at 204-788-200 as soon as possible for further instructions. **PLEASE STAY IN YOUR SUITE FOR 14 DAYS.** You are putting all the other residents at risk if you do not properly self-isolate.

If you haven't travelled, but have been in contact with someone who has Covid19, or if you have you have symptoms such as dry cough, sore throat, difficulty breathing, or a fever, please call Healthlinks: 204-788-8200

SOCIAL DISTANCING means to minimize contact with others by avoiding non-essential gatherings; avoiding common greetings such as handshakes; avoiding crowded places; limiting contact with people at higher risk like older adults and those in poor health; keeping a distance of at least two arms length from others. Please limit the number of times you pick up the mail per week as this increases the chance of exposure. **Please do not congregate in the lobby or common areas of the building.**

Here are some of the steps Lindenholm Ministries Inc have taken with response to the health and safety of the residents:

- We are disinfecting all high touch points seven days a week.
- We have closed access to the multi purpose room (MPR), in line with the government recommendations due to social distancing. This closure will stay in effect until further notice.
- For LHP, the Pool was closed Saturday, March 14, 2020. This closure will stay in effect until further notice.
- **We ask that you please limit the number of visitors coming into the building. This includes family and children.** The smaller number of people in the building may limit the spread of the coronavirus.
- LMI will not be approving any new Alteration Requests at this time. Therefore, limiting the number of contractors and trades coming in to the building. Only contractors for basic/minimum building operations will be allowed, unless there is an emergency.
- The Guest Suite will not be available for bookings during this time, to limit the number of people in and out of the building.

As mentioned before, any use of the common areas (hallways, tables, chairs, etc.) is not recommended, and is done at **YOUR OWN RISK.**

Khrista Vogt, CEO/Property Manager
Lindenholm Ministries Inc.